



27TH ANNUAL SCIENTIFIC CONFERENCE

MRCCON 2026

Stepping into the twenty-seventh year of rehabilitation excellence in Kolkata — a gathering of clinicians devoted to restoring function, dignity and hope.

DATE

**12 September
2026**

WORKSHOP

Medical Rehabilitation Center

TRA General Hospital, 7, Dr. Biresh Street, Kolkata – 700 07

DATE

**13 September
2026**

CONFERENCE

The Park Hotel, Kolkata

17, Park St, Taltala, Kolkata, West Bengal 700016

ORGANISED BY

Medical Rehabilitation Center

The pioneer organisation for integrated in-patient and daycare rehabilitation delivery in eastern India.

www.rehabindia.org

01 · WELCOME NOTE



“It gives me immense pleasure to welcome you all as our centre proudly steps into its 27th year of excellence in the rehabilitation of rheumatological and neuro-orthopaedic patients. Continuing this remarkable legacy, we are delighted to host this academic meet, bringing together renowned doctors and distinguished experts from across India. We warmly welcome you all and look forward to an enriching and memorable academic experience.

Dr. M. M. Ghatak

MBBS, MD (PMR) · Founder Incharge & Chief Consultant, Medical Rehabilitation Center

02 · ABOUT MRCCON 2026

150–200 specialists. Five disciplines. One shared pursuit of better outcomes.

The academic meet will bring together nearly 150 to 200 specialist doctors and medical professionals – including faculty, residents and PGTs – from across India. The scientific programme features updated insights, evidence-based discussions and newer areas of interventional workshops, multispeciality panel discussions, and presentations by eminent state and national faculty. With a vibrant exchange of ideas in a warm and comfortable environment, the meet promises to be a truly enriching scientific experience.

PM&R

NEUROLOGY

RHEUMATOLOGY

ORTHOPAEDICS

NEUROSURGERY



03 · NATIONAL FACULTY

Distinguished experts joining us from across India.



Dr Abhishek Srivastava

MBBS, MD (PM&R) · Director, Centre for Physical Medicine & Rehabilitation, Kokilaben Dhirubhai Ambani Hospital, Mumbai



Dr Shiv Lal Yadav

MBBS, MD (PM&R) · Former Professor, Dept of PM&R, AIIMS, New Delhi



Dr Navita Vyas Purohit

MBBS, MD (PM&R) · Consultant, Dept of PM&R, Pain Management & Palliative Care, Kokilaben Dhirubhai Ambani Hospital, Mumbai



Dr Sanjay Pandey

Prof & HOD, Dept of PM&R, AIIMS Patna



Dr Jagannatha Sahoo

MBBS, MD (PM&R) · Prof & HOD, Dept of PM&R, AIIMS, Bhubaneswar



Dr Nitha J

MBBS, MD (PM&R) · Consultant & Coordinator, Dept of PM&R, Kimshealth, Trivandrum, Kerala



Dr Madhan Jeyaraman

MBBS, MS (Orthopedics), PhD (Stem Cell & Regenerative Medicine) · Associate Professor, Dept of Orthopedics, ACS Medical College and Hospital, Chennai, Tamil Nadu

ORGANIZING COMMITTEE

Dr Manomohan Biswas

ORGANIZING CHAIRMAN

Dr Swapan Mishra

VICE CHAIRMAN

Dr S P Sinha

CHIEF ADVISOR

Dr Partha Pratim Pan

SPECIAL ADVISOR

Dr Ramesh Bhattacharya

PRESIDENT

Dr Pankaj Kumar Mandal

VICE PRESIDENT

Dr Mouli Madhab Ghatak

ORGANIZING SECRETARY

Dr Ujani Jahnabi Ghatak

ASSISTANT SECRETARY

ACADEMIC COMMITTEE

Dr Kshetra Madhab Das

CHAIRMAN

Dr Ushnish Mukherjee

Dr Sagnik Mukherjee

04 · WORKSHOP

Hands-on training in regenerative & interventional techniques.

Date 12 September 2026 **Time** 2:30 PM – 6:30 PM, followed by dinner

25 seats available (PMR specialists, SR, PGTs only)

Free up to 31 August 2026

₹500 from 1–12 September 2026

Spot registration subject to availability



Dr Navita Purohit

LEAD FACULTY & CHAIR · MUMBAI



Dr Madhan Jeyaraman

ASSOCIATE FACULTY · CHENNAI



Dr Krishnendu Dey

ASSOCIATE FACULTY · KOLKATA

01

2:30 – 3:30 PM

Stem Cell Preparation and Infiltration

A practical walkthrough of stem cell preparation and infiltration technique, led by Dr Madhan Jeyaraman – covering handling, dosing and delivery for regenerative applications in rehabilitation practice.



02

3:30 – 4:45 PM

Hands-on USG Guided Percutaneous Needle Tenotomy

A hands-on session on ultrasound-guided percutaneous needle tenotomy with Dr Krishnendu Dey – practical, step-by-step technique for precise, minimally invasive intervention.



4:45 – 4:55 PM

TEA BREAK

03

5:00 – 6:30 PM

Essential Sonoanatomy in Interventional Physiatry

Led by Dr Navita Purohit, this closing session builds a working command of sonoanatomy essentials that underpin safe, accurate interventional physiatry practice.



WORKSHOP VENUE

Medical Rehabilitation Center

7, Dr. Biresh Guha Street, Kolkata – 700 017



05 · ABOUT US

Twenty-seven years of restoring function, dignity and hope across eastern India.

The **Medical Rehabilitation Center (MRC)**, TRA General Hospital, Park Circus, Kolkata, was established in 2001 under the visionary leadership of **Dr. M. M. Ghatak**. It is recognised as the first non-government Neuro-Orthopedic Rehabilitation and Pain Clinic in Eastern India.

Over the past 25 years, the center has provided comprehensive, evidence-based rehabilitation to lakhs of patients with neurological, orthopaedic and rheumatological conditions, chronic pain, spinal cord injuries, disabilities and geriatric ailments – through indoor rehab beds and double-session daycare services for nearly 50 patients daily.

Alongside clinical care, MRC has actively promoted rehabilitation through free health camps, awareness programmes, conferences, CMEs and community outreach. Continuing its legacy of innovation, the center now offers advanced **Interventional Pain Management** and **Robotic Rehabilitation** services.

Through compassionate, affordable and patient-centred care, MRC remains committed to restoring function, dignity, independence and hope – one patient at a time.

2001

YEAR ESTABLISHED

25+

YEARS OF SERVICE

~50

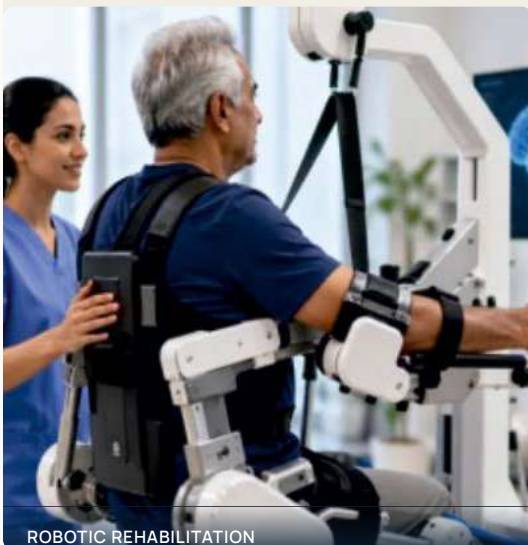
DAYCARE PATIENTS / DAY

1st

NEURO-ORTHO INPATIENT
REHAB HOSPITAL

RECOGNITION & ACCOLADES

- ◆ British Icon Award, conferred at the British Parliament
- ◆ Global Ambassador Award, Ulster University, Belfast
- ◆ Best Individual Working for Disability Award, Government of West Bengal
- ◆ Kolkata Hero Award, presented by The Times of India



ROBOTIC REHABILITATION



GAIT TRAINING



VR REHAB UNIT



INTERVENTIONAL PAIN CARE



STANDING FRAME THERAPY

06 · PROGRAMME SCHEDULE

13 September 2026 — Morning Session

The Park Hotel, Kolkata · 8:45 AM – 2:00 PM

LECTURE SESSION 1

Chairpersons: **Dr Dilip Kumar Khatua**, **Dr Abhishek Srivastava**

8:45 – 9:15 AM

Medical Ethics in PMR
Dr Arup Ratan Ghosh
LECTURE SESSION 2

Chairpersons: **Dr Manomohan Biswas**, **Dr Navita Purohit**, **Dr Madhan Jeyaraman**

9:15 – 9:35 AM

Rehab Surgery: A Less Told Story
Dr Jagannatha Sahoo

9:35 – 9:55 AM

Robotics in Rehab
Dr Abhishek Srivastava

9:55 – 10:00 AM

Q&A

LECTURE SESSION 3

Chairpersons: **Dr Dibyendu Das**, **Dr Tuhin Roy**, **Dr Kaustav Basu Thakur**

10:00 – 10:20 AM

USG in Non-Traumatic Soft Tissue Pain — An Essential Tool in Rehab
Dr Navita Purohit

10:20 – 10:40 AM

Medical Optimization in Neurorehabilitation: Modifiable Determinants of Functional Recovery
Dr Nitha J.

10:40 – 10:45 AM

Q&A

10:45 – 11:15 AM

PANEL DISCUSSION 1
Exercise in Inflammatory Arthritis: Friend or Foe?
Moderator: Dr Pankaj Kumar Mondal

Panelists: **Dr Parasar Ghosh**, **Dr Dilip Kumar Khatua**, **Dr Partha Ghorai**, **Dr Pradip Kumar Mallick**

11:15 – 11:25 AM

TEA BREAK

11:25 AM – 12:00 PM

PANEL DISCUSSION 2
Advanced Degenerative Spine Disorders: Surgery, Interventional Pain Procedures and Rehabilitation
Moderator: Dr Milind Deogaonkar

Panelists: **Dr Amitabha Chanda**, **Dr Partha Pratim Pan**, **Dr Sanjay Kumar Pandey**, **Dr Pranesh Mondal**
LECTURE SESSION 4

Chairpersons: **Dr Shiv Lal Yadav**, **Dr Premesh Sarkar**

12:00 – 12:20 PM

RFA in Practice of Physiatry
Dr Rajesh Pramanick

12:20 – 12:30 PM

PREPARATION TIME

12:30 – 1:20 PM

Inauguration

Speech, releasing of souvenir & handbook (guide), award ceremony, press meet

1:20 – 2:00 PM

LUNCH BREAK

06 · PROGRAMME SCHEDULE

13 September 2026 — Afternoon Session

The Park Hotel, Kolkata · 2:30 PM – 6:00 PM onwards

LECTURE SESSION 5

Chairpersons: Dr Jayanta Saha, Dr Saumen Kumar De

2:30 – 2:50 PM

Stem Cell in Knee OA: A New Frontier in Regenerative Medicine?

Dr Madhan Jeyaraman

2:50 – 2:55 PM

Q&A for Lecture Session 4 & 5

2:55 – 3:30 PM

PANEL DISCUSSION 3

Osteoporosis Meets Sarcopenia: Building Stronger Bones and Muscles Together

Moderator: Dr Kshetra Madhab Das

Panelists: Dr Chandrima Dasgupta, Dr Satyam Chakraborty, Dr Subhasish Pati, Dr Sagnik Mukherjee

3:30 – 4:00 PM

PANEL DISCUSSION 4

Persistent Pain After Orthopaedic Surgery: Surgical Failure or Rehabilitation Opportunity?

Moderator: Dr Koustubh Chakraborty

Panelists: Dr Utpal Banerjee, Dr Jagannatha Sahoo, Dr Madhan Jeyaraman, Dr Gourav Sannyasi

4:00 – 4:15 PM

TEA BREAK

4:10 – 4:30 PM

PANEL DISCUSSION 5

Sudden Cessation of Recovery Process in an In-Patient Set Up

Moderator: Dr Mouli Madhab Ghatak

Panelists: Dr Sucheta Saha, Dr Niitha J., Dr Ushnish Mukherjee, Dr Ayan Ghoshal

4:30 – 5:05 PM

PANEL DISCUSSION 6

Parkinson's Disease, Multiple Sclerosis and Other Neurodegenerative Disorders: Can Rehabilitation Modify Disease Impact?

Moderator: Dr Ramesh Bhattacharjee

Panelists: Dr Swapan Kumar Misra, Dr Madhusree Sengupta, Dr Tanvir Ahmed, Dr Anindya Basu

5:00 – 5:30 PM

PANEL DISCUSSION 7

Neuro Rehab — A Futuristic View

Moderator: Dr Manomohan Biswas

Panelists: Dr Shiv Lal Yadav, Dr Saswato Majumder, Dr Siddhertha Adhikary

5:30 – 5:50 PM

Valedictory Session

6:00 PM onwards

CULTURAL PROGRAMME & DINNER

08 · VENUE & CONTACT

Two venues, one shared purpose — Kolkata welcomes you.

12 SEPT · WORKSHOP

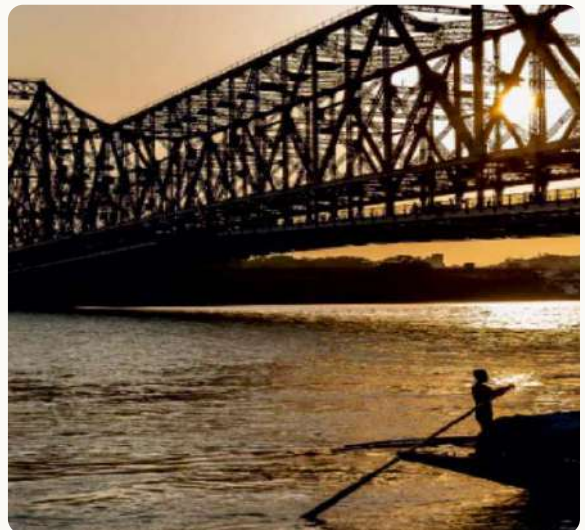
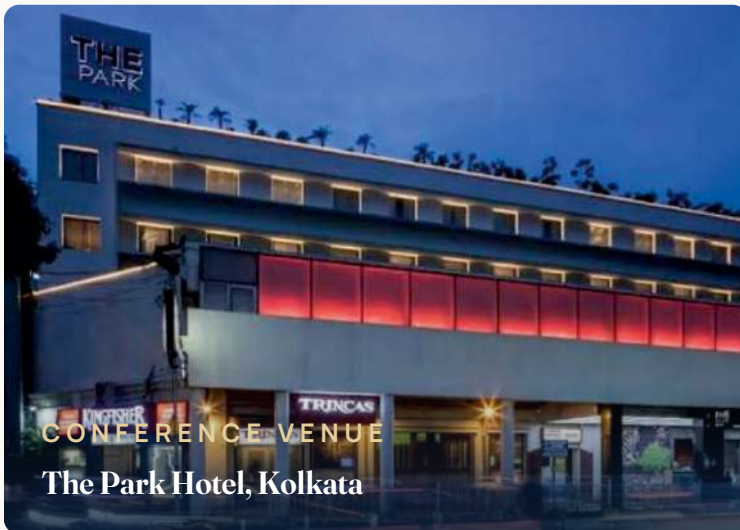
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PHONE

+91 8617231253 / +91 8777846181

EMAIL

medicalrehabilitationcentre3@gmail.com

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Twenty-seven years of restoring function, dignity and hope —
we look forward to welcoming you to MRCCON 2026.